

Supplemental Table 1. Baseline Characteristics of Participants ($N = 31$).

Variable	n (%) or M (SD)
Hand dominance	
Right	28(90.3)
Left	2(6.5)
Ambidextrous	1(3.2)
Race	
White	26 (83.3)
African-American	5 (16.7)
Diagnosis confirmation	
Radiographic	17 (54.8)
Self-reported diagnosis	14 (45.2)
Age, yr	63.70 (13.9)
Years of symptoms	9.02 (6.8)
Years since diagnosis	8.17 (6.0)
MVC grip, N	
Right	232.2 (71.6)
Left	225.2 (60.5)
MVC lateral pinch, N	
Right	62.2 (16.0)
Left	56.8 (17.3)
MVC 3-point pinch, N	
Right	52.2 (16.9)
Left	50.5 (16.5)
AIMS2–SF	
Physical function	1.8 (1.4)
Symptoms	3.5 (2.2)
Affect	2.3 (1.9)
Upper limb disability	1.3 (1.2)
Total health	10.6 (5.3)
Baseline hand pain, NRS	0.9 (1.6)

Note. $N = 31$. AIMS2–SF = Arthritis Impact Measure 2–Short Form; M = mean; MVC = maximal voluntary contraction; N = newtons; NRS = Numerical Rating Scale; SD = standard deviation.

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